

A raw feeding handbook

FEEDING FOR HEALTH & HAPPINESS

*A quick guide on how to easily have a
healthy, happy pet & see your vet a lot less!*



INTRODUCTION

Some tips on how I've managed to have happy ~ healthy pets and keeping money in my pocket instead of giving it to veterinarians or the fancy pet food industry or the pet pharma industry, etc.

~ *Tara Lyn* of Tara's Schnauzers

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Disclaimer: I am not a veterinarian, nor do I claim to be one in any way. There is no guarantee this will work for everyone. This is all from personal experience and the desire to keep my pets healthy and whole. It is a lifestyle for me, my family and now my beloved pets. Seek the advice of a trusted veterinarian or even seek out a holistic veterinarian first before using this information.

Until one has loved an animal

A part of one's soul remains

unawakened

~ Anatole France

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Species Appropriate Feeding

Why is feeding raw so important anyway...

Ok, so real quick - for the doubters or the ones who just want to choose the easy route i.e. kibble. You may need a bit more of a kick to really get why the raw feeding is so important.

The pet food industry uses "fillers" - these fillers are the main ingredient of the pet

food, they are cheap! Corn is a big one. Almost all corn is GMO (genetically modified - a Frankenfood) Grain another one. Does your carnivore have big flat teeth? Um no? Yeah - they aren't designed for grains. Corn is an incomplete protein. It contains gluten a big reason for allergies and other debilitating illnesses.

So say no to pet foods that contain: soy, wheat, corn, white rice, barley, oatmeal. Just say no to grains pretty much period! And stuff like potatoes are used as a filler. Anything cheap is a filler, i.e. main ingredient. Your pet's body doesn't use it and just poops it out. And he's hungry again. His body is seeking nutrition.

And be very aware of preservatives too! These can cause health issues in your pet. Some of the big ones are: BHT, BHA, propylene glycol. Pretty much anything where they use the "technical term" - words you don't know what they mean they're relying on you to not know and hope you'll just skip over this important information.

Dogs come from wolves. Wolves are CARNIVORES. They get their "fillers" from the prey's digestive system. Whatever is in the digestive tract like fruit, vegetables, grains of the prey animal. That's how much your pet needs of that stuff. NOT the main ingredient. The main ingredient should always be raw meat - RAW.

The artificial coloring of the pet food is to make it look cute for the pet owner. The pets don't care one iota! It's also not so healthy. And certainly not found in the wild, lol.

By products - yeah, this is a good one. Wanna know exactly what a "by product" is? You really don't, but you should know. It's all the leftover parts - hooves, beaks, feet, etc. Including, tumors, feces, road kill, diseased dead animals, euthanized animals. The drug to euthanize the animals doesn't cook out. Wow.

Uh, crap! Yes, just worthless gross crap they want to tell you is premium food for your dog. Nice!

Very little monitoring of the pet food industry from the FDA or USDA. If any. Mostly because very little is known about animal nutrition so not too much to monitor there. Not even Veterinarians are taught pet nutrition. What little they do get is taught by pet food industry....hmmm. (straight from a Veterinarian's mouth)

And NO - deli meat is not raw meat. It has nitrites and nitrates which is dangerous to your pet also. So steer clear of any meat that contains these additives.

[Click here to see a video of my pups eating raw](#)

Now, do you understand why your pet isn't thriving even on the "healthy" pre-packaged pet food?

Now do you understand why you're going to the veterinarian for strange things that even he isn't sure of so he gives you things like steroids to "help" your pet?

To have a THRIVING, healthy pet. You aren't going to get that from pre packaged pet food. Nope. Sure can't get it there.

*****Side thought** ~ I should issue a challenge. I challenge you to change your pet's food to a "species appropriate" diet - i.e. raw meat for 3 months, and see if you don't see amazing results to your pet's benefit. Seriously, just try it. You can always go back to the little brown blobs of mystery stuff sprayed with who knows what, if you don't think it's so great. Just a thought...

*****Keep reading if you want a healthy THRIVING pet that is a carnivore*****



[Click picture to see more at our Amazon Store](#)

Feeding

I can't say enough about feeding a "species appropriate" diet. Most house pets are carnivores - NOT omnivores! If left to fend for themselves they would seek meat! NOT boiled, baked or roasted meat. They would seek raw meat. They would not seek, corn, potatoes, sweet potatoes, or rice or any other vegetable. And they surely wouldn't be out looking for bits of kibble!

I'm not saying they won't eat those things - but they aren't out hunting for them that's for sure. Dogs are descendants of wolves. Wolves eat whole raw animals.

Your beloved pet's digestive tract is designed much different from the human digestive tract, obviously, since they can eat raw meat and not get sick. Their digestive system is much shorter than humans. Their bodies use the raw meat. They derive their nutrition from raw meat. Their jaws are designed to crush raw bone. They get vitamins and minerals from bones, and organ meats and flesh. That is how they are designed. They are not furry humans. The very best thing you can do for your pet is feed it according to its species. You will be amazed at how happy, and healthy they will be. They won't be fat, they won't have skin issues (* unless you've given too many vet meds, i.e. vaccines) Their poops are much smaller, much less waste because their bodies are using the food they eat. Much less smelly waste because their bodies know what to do with the natural food.

Taking your pet off of ANY commercial pet food and feeding it a raw meat diet is like taking you off of McDonald's for every meal of every day and putting you on a healthy "species appropriate" diet. Those high end pet foods are just taking your money and laughing all the way to the bank! Feed raw meat - much cheaper in many ways. Just not needing to see the vet will save you so much money! No, I don't mean your pet isn't worth going to the vet, I mean you won't be handing over your hard earned cash because your pet will be so healthy and healthy equals happy! And that is our goal; happy and healthy pets!

I've been feeding my pets (all of them) raw since 2008. Not one of my pets has gotten sick and neither have my children or myself gotten sick from feeding this way.

We feed raw: Fish, Chicken, Beef, Gizzards, Beef Bones, Turkey, Pork. Whatever the local market is having a good sale on for sure! My pets don't get treats very often. But in the summertime we do like

to give them frozen beef bones to gnaw on. Great for keeping those pearly whites pearly white! Such a simple easy thing to do and your pets will LOVE it!

Don't make feeding time too complicated. I know some people get out the measuring device and start weighing the food and making it this big thing. Stop! Just stop! Here's how we do it: buy whole chicken leg quarters and if the dog is small it gets cut in half. Big dog? Give him the whole thing! Dog looks a little chubby - cut back. Dog looks like he could use a little more meat on his bones? Give him breakfast and dinner! It's really pretty simple. Throw in some organ meat, and a beef bone to gnaw on and your dog will think you hung the moon. I have started adding "Ancestral supplements" so perfect to make sure your pet is getting all they need!

[Click here to order freeze dried organs](#)



Organ meat is highly dense in nutrients for your pet! B vitamins, folic acid, phosphorus, iron, copper, magnesium. In its natural state and bio available to your pet. Not sprayed on and pooped out and zero nutritional bioavailability. It's a super nutrient that shouldn't be ignored. Another super nutrient are the Omega 3's which are great for your pet's brain, joints and even allergies. Fatty fish is perfect for this. RAW fatty fish like Salmon. I feed my pregnant mommas lots of sardines and catfish! Sooo good for those growing babies and mom loves it!

One more way to get some great nutrients for your carnivore furbaby is from Flax, carrots, and even ginger. If you have a food processor, throw some organ meat in with a bit of the above and give it to your pet. Maybe for breakfast - and then some whole raw meat for dinner. Nicely well rounded nutrition. You will see immediate results in coat, allergies, poops, personality! You'll think you've got a new pet once you get them off the crap from the store!

By the way, this is great stuff for cats and ferrets too! (any carnivore)

Another way I make sure they get minerals is by adding bentonite clay to their water and/or food. And I add DE too (more on this in a bit). I now get both in one product, I found it at Tractor Supply.

The clay is a high nutrient source of macro, micro and trace elements. A purifying and detoxifying system to promote healthy teeth and gums and strengthens joints and bones. A wonderful aid to digestion and metabolism, just a great overall addition for the immune system and overall health. The clay can be added to the pets water, or put on their food. Again, this can be used by humans. None of it is toxic. Just gentle and effective!

If you want a healthy thriving pet then a healthy digestive tract is where it's at! If you get their gut healthy then they will be producing lots of serotonin which = happiness :0). YAY!!!

Worming

Do you know how dangerous wormers are? Seriously - some people use horse wormers on their tiny little house pets - trying so hard to get rid of those little devils. There are much easier, healthier, cheaper ways than dangerous chemicals to worm your fur-baby (even barn animals too!) And you don't need to go to the vet to do it.

Diatomaceous Earth (food grade)

I keep the worming of my pets simple! I sprinkle DE in their water bowl. That's it. Yes, it settles - give it a stir, they don't need a lot! Or, if you feel that your baby isn't getting enough - mix a ¼ teaspoon with a ¼ cup water and give it to them in a syringe. Do it about once a month. Or you could dip their food in it and feed them. Every time they eat, they get a little wormer. No such thing as giving too much like with chemical wormers! DE is so safe and chemical free you can safely use everyday. Easy peasy! No harsh chemicals to mess up their digestive tract and if they do have worms you'll most likely know by the next day! Works that great, that fast! (I've seen it!) Safe enough for humans, and probably not a bad idea, we all have parasites.

Click photo below to have your raw food delivered right to your front door, it's what we use



If you make a purchase through this link, I may receive compensation

Don't know what DE is? It's been around for a long time. It is mined in from the bottoms of rivers, streams, lakes and oceans and is made of: fossilized remains of tiny, aquatic organisms called diatoms. Their skeletons are made of a natural substance called silica. Currently, there are over 150 products registered for use inside and outside of buildings, farms, gardens, and pet kennels. Some products can also be used directly on dogs and cats. Diatomaceous earth products are registered for use against bed bugs, cockroaches, crickets, fleas, ticks, spiders, and many other pests. It has gotten quite popular, so it's easy to find. Do a google search, you'll be able to find it in small 1 lb bags. This stuff lasts forever. I get mine at the feed store, but I get it - not everyone lives close to a feed store. Just do be aware that it is drying, so keep away from eyes and noses. You won't go blind but like I said it can be drying.

MSM

Safe enough and even recommended for human consumption. This compound is a naturally occurring form of sulphur. So what? Did you know that sulphur is stored in almost every cell of the body, but as we age it diminishes? In pets this will show up as: dull fur, skin issues, digestive problems and joint pain and arthritis. It makes the cell permeable to flush out toxins. But it is also a great wormer (for humans as well, so safe and non-toxic) If your pet is on a raw food diet, he/she should be getting plenty of organic sulphur, but it won't hurt to give them if you see any of the above issues to help clear things up.

MSM -(Methyl-sulfonyl-methane) is great at clearing up: Giardia - which is hard to do if you know of anyone who has had it! Also, roundworms and intestinal worms. The MSM makes the intestinal wall basically too slick for the parasites to stick and they get flushed out! AWESOME!

Vaccines

My personal feelings on vaccines is: less is better! There are proven scientific studies (feel free to do a google search) that show most pets don't need a lot of the vaccines being pushed, and they certainly don't need 7 at one time! Or five or four, or 2! I have seen and experienced over vaccination of one of my puppies personally. I didn't do it. A Veterinarian did. And tried to cover it up. The poor tiny puppy would hit walls and furniture trying to get around. I did get her straightened out - eventually. I put her on a raw diet!

I personally vaccinate my puppies for what can kill them: parvo and distemper. I use a MLV vaccine. And I use them separately so their little systems can work on one thing at a time. I start with Parvo and when I'm done giving that we move on to distemper. And that's about it. I don't believe they (or us) lose immunity after a year or two, no need to keep bombarding the immune system. The immune system is an amazing thing and doesn't need to be fooled around with a lot! Do for your fur-baby like you would your own baby - take care of them and make them comfortable if they do come down with something - let their bodies do what they are designed to do!

Personally, I think vets are great for trauma, but on the rest of it, they are taught by the pet pharma companies or the pet food companies. And they get a kickback for selling or using those companies' products. This is admitted by honest veterinarians.

Doesn't that seem like a conflict of interest to you?! Who loses? Not the pet pharma guys; not the pet food companies; not the vets!

You! You and your sweet fur-baby; who relies on you to do what's best for him/her! Take some time to look into it. It's so easy in this day and age to find out for yourself. You will be so glad you did!

Conclusion

If you start implementing these easy feeding and supplementing steps you will be amazed at the results in your pet.

Now, I know you'll be excited to get started, but your sweet pet's digestive tract can get thrown off if you switch it all immediately. Go slow. Add a little bit every day while taking away a little of their old dead food out every day. Once they are completely switched it won't take long for you to notice their coats are lush and shiny. Their step is lighter and perkier. They have a twinkle in their eye and can't wait for feeding time! They won't be biting, and licking and scratching. They will be peaceful, happy and healthy! And, your pocketbook won't be so empty - talk about a win/win!

There are facebook groups to join to learn from if you are really into measuring and making it a science. Which is awesome! And also, like I said, a wealth of information on the internet. Even more than when I looked into it in 2008. The dog food companies keep getting it wrong and so many beloved pets are getting sick and dying from it. The news headlines are full of pets getting deathly ill from the store bought pet food. It's impossible for carnivores to gain any nutrition from cooked kibble. There is NO bioavailable nutrition for your pet. ONLY RAW MEAT will give them the nutrition they need.

<3 much love to all the sweet fur babies out there!

“Let food be thy medicine and
medicine be thy food.”

-Hippocrates